

## Documents

Woodman, A., Jaoua, N., Thomas, J.

**Childhood obesity, its prevalence and health impact on children and adolescents in Orange county, California, USA**

(2018) *New Armenian Medical Journal*, 12 (2), pp. 5-13.

**Abstract**

Childhood obesity is a global issue. It is one of the most serious public health issues of the 21st century, which affects the under-developed, developing, and progressive nations. The prevalence of obesity has increased to a concerning rate. Overweight and obese children are predicted to remain obese into adulthood and will develop non-communicable diseases, such as diabetes and cardiovascular diseases, at a younger age than those who are not obese. Therefore, prevention of childhood obesity is imperative. In the United States, childhood obesity is a serious problem that put children and adolescents at risk of poor health. For children and adolescents aged 2 to 19, the prevalence of obesity is 18.5%, and it affects about 13.7 million of them. The prevalence of obesity is 13.9% among children aged 2 to 5, 18.4% among those aged 6 to 11, and 20.6% among those aged 12 to 19. Notably, childhood obesity is more common among certain races and ethnicities. The prevalence of obesity among Hispanics (25.8%) and non-Hispanic Blacks (22.0%) is higher than non-Hispanic Whites (14.1%). The prevalence of obesity is lower in non-Hispanic Asians (11.0%) than non-Hispanic Blacks and Hispanics. © 2018, Yerevan State Medical University. All rights reserved.

2-s2.0-85054025620

**Document Type:** Review

**Publication Stage:** Final

**Source:** Scopus